

# Cineworld Nutritional Information Per Portion or Pack



<b>CONFECTIONERY PRE-PACKED BAGS PER 100G</b>	<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Mars Maltesers</b>	121g	2115	505	8.1	61.7	51.9	24.8	15.2	0.00	0.00	0.41
<b>Mars Galaxy Minstrels</b>	153g	2116	505	5.3	70.1	68.9	22.2	13.3	0.00	0.00	0.20
<b>Mars M&amp;M Peanut</b>	165g	2139	511	9.8	59.1	53.6	25.3	10.2	0.00	0.00	0.09
<b>Mars M&amp;M Crispy</b>	141g	2083	498	4.3	64.1	54.2	24.2	16.0	0.00	0.00	0.35
<b>Mars Revels</b>	126g	2027	483	5.2	67.6	63.4	21.0	12.7	0.00	0.00	0.29
<b>Mars Galaxy Counters</b>	126g	2208	528	7.0	59.2	58.6	28.9	17.2	0.00	0.00	0.26
<b>Mars Milky Way Magic Stars Pouch</b>	117g/ 33g	2330	559	6.4	54.2	53.6	34.7	21.5	0.00	0.00	0.20
<b>Mars Twix Mix</b>	126g	2089	499	6.0	64.3	51.5	23.8	14.0	0.00	0.00	0.17
<b>Mars Galaxy Salted Caramel</b>	24g	2016	482	5.0	61.3	55.4	23.8	14.3	0.00	0.00	0.69
<b>The Natural Confectionery Company Jelly Snakes</b>	160g	1380	325	3.8	76.0	65.5	0.2	0.1	0.00	0.00	0.03
<b>Maynards Sour Patch Kids</b>	160g	1380	325	2.8	77.0	57.5	0.1	0.1	0.00	0.00	0.05
<b>Maynards Wine Gums</b>	190g	1400	330	4.7	76.5	57.0	0.2	0.2	0.00	0.00	0.03
<b>Bassetts Jelly Babies</b>	190g	1400	330	3.5	78.5	74.0	0.0	0.0	0.00	0.00	0.03

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>CANDYKING PICK &amp; MIX SWEETS</b>	<b>Per sweet</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>
<b>Banoffee Fudge</b>	14.1g	253.80	60.63	0.1	10.6	9.4	1.8
<b>Berries</b>	4.4g	63.80	15.18	0.1	3.7	2.9	0.0
<b>Black &amp; Raspberries</b>	5.3g	71.55	16.96	0.4	3.9	2.9	0.0
<b>Blue Raspberry Bonbon</b>	4.7g	72.85	17.16	0.0	3.8	3.2	0.2
<b>Brains</b>	7.6g	103.36	24.32	0.5	5.6	4.0	0.0
<b>Cherries</b>	10.4g	142.48	33.28	0.8	7.5	4.9	0.0
<b>Chocolate Covered Fudge</b>	12.8g	217.60	52.48	0.3	9.3	8.3	1.4
<b>Citric Cherries</b>	9.8g	142.10	33.32	0.0	8.2	4.5	0.0
<b>Cola Bottles</b>	7.2g	102.60	24.12	0.5	5.5	3.7	0.0
<b>Cola Dummies</b>	10g	146.30	34.40	0.0	8.5	4.6	0.1
<b>Cola Rocketz</b>	16.8g	272.16	65.52	0.2	14.4	11.3	0.7
<b>Crispy Bite</b>	14.6g	264.99	62.78	0.4	10.4	8.8	2.2
<b>Crocodiles</b>	34g	467.84	111.86	1.9	26.0	18.2	0.1
<b>Duo Fudge</b>	14.1g	279.46	66.55	0.3	10.1	0.0	2.8
<b>Farm Animals</b>	17.6g	269.28	56.32	1.0	13.2	9.5	0.0
<b>Fizzy Bubblegum Bottles</b>	8g	112.80	26.40	0.4	6.1	5.0	0.0
<b>Fizzy Cherry Bottles</b>	8g	112.00	26.40	0.4	6.1	5.0	0.0
<b>Fizzy Cola Bottles</b>	8g	112.80	26.40	0.4	6.2	5.0	0.0

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>CANDYKING PICK &amp; MIX SWEETS</b>	<b>Per sweet</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>
<b>Fizzy Dummies</b>	5g	70.75	16.50	0.3	3.8	2.4	0.0
<b>Fried Eggs</b>	7.2g	99.36	23.04	0.4	5.3	2.2	0.0
<b>Fruit Chews</b>	4g	68.80	16.40	0.0	3.6	2.8	0.0
<b>Giant Cola Fizz</b>	22.2g	315.24	74.37	1.3	16.9	0.0	0.1
<b>Giant Cola Bottles</b>	18.1g	258.83	61.54	1.3	13.9	0.0	0.0
<b>Giant Snowies</b>	6g	126.00	30.00	0.2	4.3	0.0	1.3
<b>Gourmet Jelly Beans</b>	1.8g	28.76	6.77	0.0	1.7	1.4	0.0
<b>Jelly Babies</b>	5.6g	78.40	18.48	0.3	4.4	3.9	0.0
<b>Jelly Foam Hearts</b>	5.6g	80.08	19.04	0.3	4.2	3.4	0.0
<b>Juicy Strawberries</b>	9.6g	144.00	33.60	0.0	8.2	5.4	0.0
<b>Magic Carpet</b>	16.4g	248.46	58.55	0.5	13.9	0.0	0.1
<b>Milk Chocolate Beans</b>	0.95g	18.05	4.28	0.0	0.8	0.8	0.1
<b>Milk Chocolate Brazils</b>	15.1g	339.75	81.54	1.1	7.9	7.7	5.1
<b>Milk Chocolate Honeycomb</b>	3.4g	68.00	16.32	0.1	2.5	2.0	0.6
<b>Milk Chocolate Mini Eggs</b>	3.2g	64.32	15.36	0.2	2.3	2.2	0.6
<b>Milk Chocolate Raisins</b>	2.2g	37.40	9.02	0.1	1.4	1.4	0.3
<b>Milk Chocolate Toffee Chews</b>	3g	54.84	13.08	0.1	1.9	1.5	0.6
<b>Milk Shake Bottles</b>	5.7g	74.67	17.96	0.3	4.2	3.4	0.0
<b>Milk Teeth</b>	9.6g	131.52	30.72	0.0	7.0	5.5	0.0
<b>Mini Strawberry Cables</b>	14.9g	229.46	55.13	0.1	12.2	0.0	0.4
<b>Pink And White Mice</b>	8.4g	184.80	44.52	0.3	5.4	4.4	2.4

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>CANDYKING PICK &amp; MIX SWEETS</b>	<b>Per sweet</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>
<b>Red Metre</b>	34g	476.00	112.20	0.9	25.5	16.3	0.3
<b>Skulls</b>	17.3g	389.25	93.42	0.6	11.2	0.0	5.0
<b>Smileys</b>	4.8g	67.20	15.84	0.2	3.7	2.3	0.0
<b>Sour Lemon Bonbons</b>	4.7g	73.79	17.39	0.0	3.9	3.3	0.2
<b>Strawberries</b>	8g	25.60	110.40	0.5	5.8	4.2	0.0
<b>Strawberry Bonbons</b>	4.7g	77.79	18.33	0.0	4.1	3.0	0.2
<b>Strawberry Rocketz</b>	16.8g	272.16	65.52	0.2	14.4	11.3	0.7
<b>Sugared Strawberries</b>	10.6g	159.00	37.10	0.0	9.2	5.2	0.0
<b>Sweet Bananas</b>	8.4g	128.52	30.24	0.1	7.5	6.6	0.0
<b>Teddy Bears</b>	7.2g	102.96	24.48	0.5	5.5	3.7	0.0
<b>Vanilla Fudge</b>	14.1g	250.28	59.22	0.2	10.4	9.6	1.8
<b>Watermelon Slices</b>	5.6g	79.52	19.04	0.4	4.3	3.3	0.0
<b>Wine Gums</b>	5.4g	75.60	17.82	0.2	4.2	2.5	0.0
<b>Yellow Belly Snakes</b>	60.4g	893.92	210.19	4.7	47.7	0.0	0.1

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>POPCORN PER PACK</b>	<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Small Sweet Popcorn</b>	60g	1185	283.2	4.2	35.9	10.1	12.3	1.0	5.95	0.01	0.02
<b>Regular Sweet Popcorn</b>	123g	2429.25	580.56	8.6	73.7	20.8	25.2	2.1	12.20	0.01	0.04
<b>Large Sweet Popcorn</b>	250g	4937.5	1180	17.5	149.8	42.2	51.2	4.2	24.80	0.03	0.08
<b>Small Salt Popcorn</b>	50g	894.5	213.5	4.8	26.4	0.3	8.3	0.7	7.21	0.30	0.76
<b>Regular Salt Popcorn</b>	100g	1789	427	9.7	52.7	0.7	16.6	1.4	14.41	0.59	1.51
<b>Large Salt Popcorn</b>	190g	3399.1	811.3	18.4	100.2	1.2	31.4	2.7	27.38	1.13	2.87
<b>Munchbox Portion (Sweet)</b>	66g	1303.5	311.52	4.6	39.5	11.1	13.5	1.1	6.55	0.01	0.02
<b>Munchbox Portion (Salt)</b>	55g	983.95	234.85	5.3	29.0	0.4	9.1	0.8	7.93	0.33	0.83
<b>Thomas Tucker Toffee Popcorn</b>	200g	3464	820	5.0	169.0	108.0	12.0	2.0	7.00	0.86	2.20
<b>Joe &amp; Seph's Salted Caramel</b>	90g	1814	433	3.0	58.7	36.3	19.9	13.0	0.00	0.00	1.30
<b>Joe &amp; Seph's Belgian Chocolate</b>	90g	1915	458	3.9	53.9	35.7	24.3	15.1	0.00	0.00	0.81
<b>Joe &amp; Seph's Peanut Butter</b>	80g	1802	431	6.2	46.5	25.2	24.5	10.0	0.00	0.00	0.48
<b>Joe &amp; Seph's White Chocolate &amp; Strawberry</b>	80g	1660	398	2.8	46.6	27.8	23.8	14.7	0.00	0.00	0.40

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>NACHOS PER PORTION</b>		<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Regular Rollover Nachos</b>	approx 110g portion	2255	539	6.7	68.1	0.8	26.6	11.4	4.51	0.65	0.00	
<b>Large Rollover Nachos</b>	approx 165g portion	3382.5	808.5	10.1	102.1	1.2	39.9	17.2	6.77	0.97	0.00	
<b>Rollover Salsa Nacho Dip Pots</b>	approx 70g portion	112	26.6	0.9	5.3	3.6	0.3	0.1	0.28	0.21	0.53	
<b>Rollover Cheese Nacho Dip Pots</b>	approx 70g portion	471.1	113.4	2.8	5.3	1.8	9.1	2.2	0.35	0.49	1.23	
<b>Rollover Sour Cream Nacho Dip Pots</b>	approx 70g portion	511	123.9	1.5	2.9	2.8	11.8	7.8	0.07	0.04	0.09	
<b>Rollover Jalapeños Sliced</b>	approx 40g portion	4	17.2	0.0	1.0	0.2	0.0	0.0	1.44	0.34	0.84	

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>SUGAR AND SPICE CAKES</b>	<b>Portion/ pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Delicious Caramel Shortcake</b>	70g	1421	340	2.7	37.0	23.0	20.0	13.0	1.30	0.00	0.34
<b>Decadent Chocolate Tiffin</b>	70g	1384	331	3.1	41.0	27.0	17.0	9.0	2.10	0.00	0.17
<b>Indulgent Chocolate Brownie</b>	70g	1151	274	3.1	42.0	31.0	10.0	5.0	1.50	0.00	0.34
<b>Bakewell Flapjack</b>	70g	1301	311	3.4	43.0	23.0	15.0	9.5	3.30	0.00	1.90
<b>Seriously Fruity Flapjack</b>	70g	1181	282	3.7	45.0	23.0	11.0	6.3	4.00	0.00	0.29
<b>Decadent Chocolate Muffin</b>	100g	1665	398	4.8	48.0	28.0	21.0	4.3	2.10	0.00	0.87
<b>Indulgent Raspberry &amp; White Chocolate Muffin</b>	100g	1641	393	4.6	50.0	32.0	19.0	3.7	1.00	0.00	0.67
<b>Fruity Blueberry</b>	100g	1593	381	4.8	49.0	29.0	18.0	2.3	1.20	0.00	0.72
<b>Seriously Sticky Toffee Muffin</b>	100g	1635	391	4.8	50.0	31.0	19.0	4.0	0.62	0.00	0.72
<b>Jaffa Orange Muffin</b>	100g	1637	392	4.7	49.0	30.0	19.0	4.2	1.20	0.00	0.67
<b>Chocolate Chip Muffin</b>	100g	1686	404	5.2	46.0	26.0	22.0	3.9	2.10	0.00	0.93
<b>Blueberry Muffin</b>	100g	1650	395	5.2	48.0	27.0	20.0	2.5	0.97	0.00	0.79
<b>Cherry Bakewell Muffin</b>	100g	1557	371	3.6	57.0	39.0	14.0	1.7	0.63	0.00	3.50

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>ROLLOVER HOT DOGS</b>		<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Large Rollover Bockwurst Reduced Salt</b>	140g	1628.2	393.4	18.9	0.7	0.0	35.0	14.0	0.00	0.00	1.93	
<b>Large Rollover Halal Chicken</b>	140g	1440.6	344.4	22.4	1.0	0.0	28.0	11.2	12.60	0.84	2.38	
<b>Regular Rollover Bockwurst Low Salt</b>	90g	1046.7	252.9	12.2	0.5	0.0	22.5	9.0	0.00	0.00	1.24	
<b>Regular Rollover Halal Chicken</b>	90g	926.1	221.4	14.4	0.6	0.0	18.0	7.2	8.10	0.54	1.53	
<b>Rollover Fully Baked Baguette Sliced</b>	each	1300	306.25	11.8	60.9	2.3	1.3	0.1	2.38	0.00	1.50	
<b>Rollover Ketchup</b>	approx 15g	45.45	10.65	0.1	2.4	1.5	0.0	0.0	0.08	0.29	0.00	
<b>Rollover Mustard</b>	approx 15g	50.55	12	0.5	1.4	0.7	0.5	0.0	0.27	0.29	0.00	
<b>Rollover Crispy Onions</b>	approx 15g	361.5	87	0.9	6.0	2.3	6.6	3.0	0.68	0.06	0.00	

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.



# Cineworld Nutritional Information Per Portion or Pack



<b>POSTMIX DRINKS (PER PORTION)</b>	<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Small Pepsi</b>	16oz	796.0	191.0	0.0	50.0	50.0	0.0	0.0	0.00	0.00	0.00
<b>Medium Pepsi</b>	22oz	1094.0	263.0	0.0	69.0	69.0	0.0	0.0	0.00	0.00	0.00
<b>Large Pepsi</b>	32oz	1591.0	382.0	0.0	100.0	100.0	0.0	0.0	0.00	0.00	0.00
<b>Small Diet Pepsi</b>	16oz	14.0	2.7	0.0	0.0	0.0	0.0	0.0	0.00	0.27	0.27
<b>Medium Diet Pepsi</b>	22oz	19.0	4.0	0.0	0.0	0.0	0.0	0.0	0.00	0.38	0.38
<b>Large Diet Pepsi</b>	32oz	27.0	5.0	0.0	0.0	0.0	0.0	0.0	0.00	0.55	0.55
<b>Small Pepsi Max</b>	16oz	9.0	2.3	0.0	0.0	0.0	0.0	0.0	0.00	0.23	0.23
<b>Medium Pepsi Max</b>	22oz	13.0	3.1	0.0	0.0	0.0	0.0	0.0	0.00	0.31	0.31
<b>Large Pepsi Max</b>	32oz	18.0	5.0	0.0	0.0	0.0	0.0	0.0	0.00	0.45	0.45
<b>Small Pepsi Max Cherry</b>	16oz	9.0	2.3	0.0	0.0	0.0	0.0	0.0	0.00	0.23	0.23
<b>Medium Pepsi Max Cherry</b>	22oz	13.0	3.1	0.0	0.0	0.0	0.0	0.0	0.00	0.31	0.31
<b>Large Pepsi Max Cherry</b>	32oz	18.0	5.0	0.0	0.0	0.0	0.0	0.0	0.00	0.45	0.45
<b>Small Tango</b>	16oz	23.0	5.0	0.0	27.0	0.0	0.0	0.0	0.00	0.50	0.50
<b>Medium Tango</b>	22oz	31.0	6.0	0.0	38.0	0.0	0.0	0.0	0.00	0.69	0.69
<b>Large Tango</b>	32oz	49.0	5.0	0.0	55.0	0.0	0.0	0.0	0.00	1.00	1.00
<b>Small 7UP</b>	16oz	41.0	9.1	0.0	0.0	0.0	0.0	0.0	0.00	0.41	0.41
<b>Medium 7UP</b>	22oz	56.0	13.0	0.0	0.0	0.0	0.0	0.0	0.00	0.56	0.56
<b>Large 7UP</b>	32oz	82.0	18.0	0.0	0.0	0.0	0.0	0.0	0.00	0.82	0.82
<b>Small Robinsons Apple &amp; Blackcurrant</b>	16oz	36.0	10.0	0.0	0.0	0.0	0.0	0.0	0.00	0.09	0.09
<b>Medium Robinsons Apple &amp; Blackcurrant</b>	22oz	50.0	13.0	0.0	0.0	0.0	0.0	0.0	0.00	0.13	0.13
<b>Large Robinsons Apple &amp; Blackcurrant</b>	32oz	73.0	18.0	0.0	0.0	0.0	0.0	0.0	0.00	0.18	0.18

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>PACKAGED DRINKS (PER PORTION)</b>		<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Pepsi Max Ginger</b>	600ml	12	0.24	0.0	0.0	0.0	
<b>Tango Cherry</b>	600ml	270	66	14.4	0.6	14.4	
<b>Tango Apple</b>	600ml	264	60	12.6	0.6	12.6	
<b>Mountain Dew Sugar Free</b>	500ml	25	5	0.6	0.6	0.0	
<b>Juicy Drench Pear &amp; Blueberry</b>	500ml	500	100	23.5	0.0	23.5	
<b>Juicy Drench Peach &amp; Mango</b>	500ml	500	100	23.5	0.0	23.5	
<b>Robinsons Refresh'd Raspberry &amp; Apple</b>	500ml	200	45	10.0	0.0	10.0	
<b>Robinsons Refresh'd Orange &amp; Lime</b>	500ml	230	60	11.0	0.0	11.0	
<b>Lipton Ice Tea Peach</b>	500ml	410	95	23.5	2.5	22.5	
<b>Purdeys Rejuvenate</b>	250ml	315	75	15.8	1.3	15.8	
<b>Fruit Shoot Orange</b>	200ml	40	10	1.6	0.0	1.6	
<b>Fruit Shoot Apple &amp; Blackcurrant</b>	200ml	40	10	1.6	0.0	1.6	
<b>Ballygowan Water Still</b>	250ml	0	0	0.0	0.0	0.0	
<b>Ballygowan Water Still</b>	500ml	0	0	0.0	0.0	0.0	
<b>Ballygowan Water Still</b>	750ml	0	0	0.0	0.0	0.0	

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>FROZEN DRINKS (PER PORTION)</b>	<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (kcal – per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Regular Raspberry Tango Ice Blast - No Sugar</b>	12oz	143	34	13.0	0.0	0.0	0.0
<b>Large Raspberry Tango Ice Blast - No Sugar</b>	21oz	250	59	23.0	0.0	0.0	0.0
<b>Regular Cherry Tango Ice Blast - No Sugar</b>	12oz	143	34	13.0	0.0	0.0	0.0
<b>Large Cherry Tango Ice Blast - No Sugar</b>	21oz	250	59	23.0	0.0	0.0	0.0
<b>Regular Mango &amp; Lime Tango Ice Blast - No Sugar</b>	12oz	143	34	13.0	0.0	0.0	0.0
<b>Large Mango &amp; Lime Tango Ice Blast - No Sugar</b>	21oz	250	59	23.0	0.0	0.0	0.0

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>IMPULSE PRODUCTS</b>	<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Ben &amp; Jerry's Caramel Chew Chew</b>	100ml	812	194	2.6	21.0	18.0	11.0	7.6	0.13
<b>Ben &amp; Jerry's Choc Fudge Brownie</b>	100ml	790	190	3.5	23.0	19.0	9.0	6.0	0.17
<b>Ben &amp; Jerry's Cookie Dough</b>	100ml	810	193	2.9	21.0	18.0	11.0	7.2	0.10
<b>Ben &amp; Jerry's Vanilla</b>	100ml	702	167	2.9	14.0	14.0	11.0	6.9	0.10
<b>Häagen-Dazs Vanilla</b>	100ml	1044	251	4.2	20.0	14.0	17.0	10.0	0.15
<b>Magnum Infinity Choc &amp; Caramel</b>	100ml	1144	274	3.3	24.0	22.0	18.0	13.0	0.06
<b>Magnum Classic</b>	120ml	1084	260	3.1	25.0	23.0	16.0	12.0	0.11
<b>Magnum White</b>	120ml	1076	258	3.3	27.0	26.0	15.0	11.0	0.15
<b>Cornetto Strawberry</b>	90ml	643	153	1.5	25.0	18.0	5.6	4.4	0.13
<b>Calippo Orange</b>	105ml	420	100	<0.5	24.0	20.0	<0.5	<0.5	<0.013
<b>Twister</b>	80ml	360	85	0.6	16.0	13.0	2.0	1.5	0.04
<b>Haribo Push Up</b>	85ml	398	94	1.5	18.0	13.0	1.9	1.7	<0.01

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>COFFEE REPUBLIC HOT DRINKS</b>		<b>Portion/pack size</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>
<b>Regular Americano with Milk</b>	12oz	27	28.0	0.9	0.00	
<b>Large Americano with Milk</b>	16oz	27	28.0	0.9	0.00	
<b>Regular Cappuccino</b>	12oz	95	9.9	3.2	0.00	
<b>Large Cappuccino</b>	16oz	102	10.6	3.4	0.00	
<b>Regular Hot Chocolate</b>	12oz	307	46.2	7.5	0.70	
<b>Large Hot Chocolate</b>	16oz	355	54.1	8.6	0.90	
<b>Regular Tea</b>	12oz	27	2.8	0.9	0.00	
<b>Large Tea</b>	16oz	27	2.8	0.9	0.00	
<b>Regular Café Latte</b>	12oz	141	14.7	4.7	0.00	
<b>Large Café Latte</b>	16oz	160	16.6	5.3	0.00	

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>BASKIN ROBBINS SCOOPS 112G/4OZ</b>	<b>Portion/ pack size</b>	<b>Energy/ Kilojoules (KJ – per pack)</b>	<b>Energy/ Calories (kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>America's Birthday Cake</b>	112g	1062	253	3.4	32.0	27.3	12.4	6.7	0.20	0.08	0.19
<b>Banana Caramel</b>	112g	1021	244	3.7	27.8	23.9	13.2	8.4	0.67	0.09	0.24
<b>Banana 'N Strawberry</b>	112g	922	220	3.1	28.3	24.0	10.4	6.5	0.60	0.07	0.17
<b>Black Forest Gateaux</b>	112g	1101	263	3.8	34.5	28.6	12.1	7.7	0.39	0.09	0.23
<b>Blueberry Panna Cotta</b>	112g	979	234	3.0	28.8	7.5	11.9	7.5	0.41	0.07	0.17
<b>Cherries Jubilee</b>	112g	1035	246	3.4	32.3	28.0	11.5	7.3	0.32	0.07	0.17
<b>Chocolate</b>	112g	1043	249	3.7	30.6	28.4	13.1	10.6	1.50	0.07	0.17
<b>Chocolate Chip</b>	112g	1094	262	3.6	27.6	26.5	15.6	12.4	0.81	0.06	0.14
<b>Chocolate Chip Cookie Dough</b>	112g	1198	297	4.3	33.3	25.4	15.1	9.4	0.54	0.12	0.31
<b>Choc Chip Cup Cake</b>	112g	1141	272	3.6	33.0	28.1	14.0	8.5	0.13	0.09	0.21
<b>Chocolate Coconut Flan</b>	112g	1017	243	3.4	30.6	30.5	11.9	7.1	1.12	0.06	0.13
<b>Chocolate Mousse Royale</b>	112g	1193	284	4.1	33.8	29.5	15.9	10.3	2.40	0.09	0.22

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>BASKIN ROBBINS SCOOPS 112G/4OZ</b>	<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Chocolate Strawberry Ganache</b>	112g	1079	258	4.1	33.4	28.6	11.9	7.4	0.72	0.05	0.12
<b>Cocoa Latte</b>	112g	1076	257	4.0	33.4	28.6	11.9	7.4	0.72	0.05	0.12
<b>Coconut</b>	112g	1040	249	3.8	27.0	23.2	14.0	9.1	0.16	0.08	0.20
<b>Coffee Chocolate Chip</b>	112g	1105	264	4.3	28.0	28.0	15.0	9.1	0.30	0.08	0.20
<b>Cookies 'N Cream</b>	112g	1141	273	3.6	31.5	27.6	14.9	12.3	0.56	0.11	0.28
<b>Cotton Candy</b>	112g	991	237	3.4	25.2	25.1	13.8	11.5	0.18	0.06	0.14
<b>Crème Brûlée</b>	112g	1111	265	3.5	36.8	34.2	11.5	7.2	0.13	0.10	0.25
<b>English Toffee</b>	112g	1154	276	3.7	32.5	28.8	14.6	9.1	0.35	0.07	0.17
<b>Football Fever</b>	112g	1166	279	4.1	34.3	28.8	13.9	8.6	0.88	0.10	0.25
<b>Fuji Apple</b>	112g	973	233	3.4	26.2	26.0	12.8	7.6	0.21	0.08	0.16
<b>Gold Medal Ribbon</b>	112g	1092	261	3.5	29.9	28.6	14.3	11.3	0.52	0.06	0.14
<b>Honey Honeycomb</b>	112g	1102	263	3.1	34.7	33.4	12.4	7.5	0.27	0.07	0.18
<b>Hokey Pokey</b>	112g	1108	264	3.1	32.1	30.4	13.8	11.0	0.13	0.07	0.17
<b>Jamoca</b>	112g	1026	245	3.5	27.7	27.4	13.4	11.3	0.18	0.07	0.17
<b>Jamoca Almond Fudge</b>	112g	1108	265	3.5	29.8	27.2	15.5	9.5	1.80	0.04	0.11
<b>Lemon Honey Ginger</b>	112g	1036	246	2.9	31.9	18.7	12.0	7.4	0.20	0.08	0.20

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>BASKIN ROBBINS SCOOPS 112G/4OZ</b>	<b>Portion/ pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Love potion #31</b>	112g	1101	263	3.7	29.6	25.5	14.4	9.1	1.70	0.07	0.17
<b>Mandarin Orange Cheesecake</b>	112g	1326	317	3.9	39.6	36.2	15.8	8.7	0.36	0.10	0.25
<b>Mango Tango</b>	112g	911	217	3.6	28.0	23.5	10.1	6.3	0.65	0.07	0.17
<b>Mint Chocolate Chip</b>	112g	1079	259	4.1	25.4	21.2	15.6	9.9	0.80	0.08	0.20
<b>Mississippi Mud</b>	112g	1127	269	3.8	33.9	27.9	13.1	8.3	2.10	0.08	0.20
<b>Neapolitan Vanilla</b>	112g	1047	251	4.4	24.1	24.1	15.2	9.1	0.17	0.09	0.22
<b>Nutty Coconut</b>	112g	1244	299	5.2	25.0	8.8	19.7	8.8	1.50	0.07	0.17
<b>Nutty Cream Cheese Brownie</b>	112g	1247	298	4.1	33.3	28.1	16.6	8.5	2.00	0.07	0.17
<b>Old Fashioned Butter Pecan</b>	112g	1150	276	1.8	27.8	27.1	17.5	11.1	0.77	0.09	0.21
<b>Peppermint Bark</b>	112g	1164	278	3.5	33.7	32.4	14.3	8.8	2.01	0.00	0.12
<b>Pistachio Almond</b>	112g	1174	281	5.9	22.4	18.5	18.7	8.4	1.70	0.08	0.20
<b>Pralines 'N Cream</b>	112g	1180	282	3.5	31.7	30.9	15.9	11.0	0.45	0.07	0.17
<b>Rocky Road</b>	112g	1123	269	4.6	32.7	30.6	14.1	9.9	1.90	0.07	0.17

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.



# Cineworld Nutritional Information Per Portion or Pack



<b>BASKIN ROBBINS SCOOPS 112G/4OZ</b>	<b>Portion/pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Rum Raisin</b>	112g	1001	239	3.6	29.3	25.6	11.9	7.5	0.43	0.07	0.18
<b>Strawberry Cheesecake</b>	112g	1123	269	4.0	30.5	28.4	14.6	8.8	0.35	0.09	0.22
<b>Tiramisu</b>	112g	1147	274	3.9	31.4	29.9	14.8	8.0	0.64	0.10	0.24
<b>Vanilla</b>	112g	988	236	4.0	24.2	19.9	13.8	8.7	0.18	0.08	0.20
<b>Very Berry Strawberry</b>	112g	980	234	3.6	29.5	25.0	11.3	7.2	0.24	0.07	0.17
<b>White Chocolate Kiss</b>	112g	1107	264	3.8	32.4	28.2	13.3	8.5	0.32	0.08	0.20
<b>World Class Chocolate</b>	112g	1100	263	3.9	29.5	27.0	14.8	9.5	0.86	0.09	0.21

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>LIGHTER SIDE</b>	<b>Portion/ pack size</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Blackcurrant sorbet</b>	112g	551	130	0.2	32.1	28.8	0.0	0.0	0.88	0.00	0.00
<b>Blue raspberry sherbet</b>	112g	605	143	1.2	29.9	23.3	2.0	1.2	0.81	0.02	0.06
<b>Butter almond crunch – NSA</b>	112g	850	203	6.3	27.4	8.4	7.5	2.1	4.50	0.09	0.21
<b>Frozen low fat yoghurt</b>	112g	648	153	5.5	28.0	28.0	2.1	1.3	0.11	0.10	0.25
<b>Kiwi sorbet</b>	112g	564	133	0.0	33.2	33.2	0.0	0.0	0.36	0.00	0.00
<b>Lemon sorbet</b>	112g	533	125	0.1	31.2	24.4	0.0	0.0	0.65	0.00	0.01
<b>Mango sorbet</b>	112g	556	131	0.2	32.1	25.4	0.1	0.0	0.74	0.00	0.01
<b>Orange sherbet</b>	112g	634	150	1.2	32.1	31.7	2.0	1.7	0.44	0.01	0.03
<b>Pineapple coconut – NSA</b>	112g	675	159	5.2	29.9	10.0	2.1	1.1	0.68	0.13	0.34
<b>Rainbow sherbet</b>	112g	617	146	1.1	31.2	30.6	2.0	1.7	0.49	0.01	0.03
<b>Red raspberry sherbet</b>	112g	592	140	1.0	30.0	29.5	2.0	1.7	0.55	0.01	0.03
<b>Watermelon sorbet</b>	112g	633	149	0.2	34.5	34.4	1.1	0.7	0.62	0.00	0.01

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>SEASONAL (PER SERVING)</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Warm Waffle (Low End)</b>	2088	497	2.9	91.8	71.7	12.9	3.8	1.70	0.26	0.64
<b>2 Scoop Sundae (Low End)</b>	1903	452	1.5	96.2	82.2	6.6	2.6	1.75	0.04	0.11
<b>3 Scoop Sundae (Low End)</b>	2443	579	1.5	127.8	106.9	6.6	2.6	2.41	0.04	0.11
<b>Big Boy (Low End)</b>	1384	329	1.7	70.9	48.7	4.0	2.3	1.66	0.03	0.07
<b>Warm Chocolate Fondant (Low End)</b>	4343	1047	10.0	122.3	95.2	56.6	32.5	4.82	0.11	0.27
<b>2 Scoop Sundae (High End)</b>	3365	826	10.8	90.0	70.9	44.7	24.5	2.13	0.06	0.14
<b>3 Scoop Sundae (High End)</b>	4577	1127	15.1	123.7	96.7	60.0	34.0	2.67	0.06	0.14
<b>Big Boy (High End)</b>	2393	589	8.1	74.0	50.2	27.0	16.6	1.49	0.03	0.07
<b>Warm Chocolate Fondant (High End)</b>	5014	1219	14.2	124.4	96.2	71.9	42.0	4.71	0.11	0.27
<b>Rockslide Brownie Sundae (High End)</b>	5492	1319	14.6	141.8	109.0	76.6	41.8	4.19	0.22	0.54
<b>Rockslide Brownie Sundae (Low End)</b>	4031	944	5.3	148.0	120.4	38.5	19.8	3.82	0.21	0.51
<b>Warm Brownie (High End)</b>	3441	830	8.0	97.8	77.9	44.4	22.5	3.23	0.09	0.24

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.

# Cineworld Nutritional Information Per Portion or Pack



<b>SEASONAL (PER SERVING)</b>	<b>Energy/Kilojoules (KJ – per pack)</b>	<b>Energy/Calories (Kcal – per pack)</b>	<b>Protein (g) (per pack)</b>	<b>Carbohydrate (g) (per pack)</b>	<b>Of which sugars (g) (per pack)</b>	<b>Fat (g) (per pack)</b>	<b>Of which saturates (g) (per pack)</b>	<b>Fibre (g) (per pack)</b>	<b>Sodium (g) (per pack)</b>	<b>Salt equivalent (g) (per pack)</b>
<b>Warm Rockslide Brownie (High End)</b>	4160	989	10.1	107.6	82.7	58.4	30.3	3.65	0.22	0.54
<b>Warm Rockslide Brownie (Low End)</b>	3485	815	5.8	105.4	81.6	43.1	20.7	3.76	0.22	0.54
<b>Warm Waffle (High End)</b>	2757	670	7.2	93.9	72.7	28.1	17.3	1.59	0.26	0.64
<b>Sticky Toffee Pudding (High End)</b>	2882	699	6.9	100.8	74.5	28.4	15.2	2.34	0.20	0.51
<b>Sticky Toffee Pudding (Low End)</b>	2211	526	2.7	98.8	73.5	13.2	5.7	2.45	0.20	0.51
<b>American Style Pancakes (High End)</b>	3198	763	14.3	135.5	76.9	17.6	10.0	2.13	0.14	0.34
<b>American Style Pancakes (Low End)</b>	2527	590	10.1	133.5	75.9	2.4	0.5	2.25	0.14	0.34
<b>Warm Brownie (Low End)</b>	2766	656	3.8	95.7	76.8	29.1	13.0	3.34	0.09	0.24

All nutritional information provided is on an estimated basis for the stated portion size. Pack, standard portion sizes and recipe ingredients may change from time to time which may cause deviations from the data provided. Stated portion sizes are for guidance purposes only; product assembly may result in minor variations to actual portion size and corresponding nutritional values.

Not all products are available in all cinemas and some promotional, regional and trial products may not be listed. Please note that the information provided is compiled from supplier data which has been provided to Cineworld Cinemas and we cannot accept liability for its accuracy or completeness. If you have any queries about the information or would like information about other products not listed please contact Cineworld Cinemas Customer Services:

Phone: 0333 0033 4444 if calling from UK or +44 333 0033 4444 if calling from the Republic of Ireland  
Email: [customer.services@cineworld.co.uk](mailto:customer.services@cineworld.co.uk)

Information compiled May 2015.