

VUE ENTERTAINMENT FOOD NUTRITIONAL INFORMATION

POPCORN

	Energy/ Kilojoules (g) (per 100g)	Energy/ Calories (g) (per 100g)	Protein (g) (per 100g)	Carbohydrate (g) (100g)	of which sugars (g) (per 100g)	Fat (g) (per 100g)	of which saturates (g) (per 100g)	Salt equivalent (g) (per 100g)
Sweet Popcorn	2039.0	488.0	6.3	57.6	18.4	23.7	1.8	0.0
150oz	4037.2	966.2	12.4	114.1	36.4	47.0	3.6	0.0
85oz	3017.7	722.2	9.3	85.3	27.2	35.1	2.7	0.0
46oz	1223.4	292.8	3.8	34.6	11.0	14.2	1.1	0.0
Salted Popcorn	2028.0	486.0	6.2	48.1	0.6	26.9	2.2	2.0
150oz	3204.2	767.9	9.8	76.0	0.9	42.5	3.4	3.1
85oz	2433.6	583.2	7.4	57.8	0.7	32.3	2.6	2.3
46oz	973.4	233.3	3.0	23.1	0.3	12.9	1.0	0.9
Salted Popcorn (Dublin)	1742.0	417.0	10.0	45.5	0.9	17.7	9.4	3.3
150oz	2752.4	658.9	15.8	71.9	1.4	28.0	14.9	5.1
85oz	2090.4	500.4	12.0	54.6	1.1	21.2	11.3	3.9
46oz	836.2	200.2	4.8	21.8	0.4	8.5	4.5	1.6

NACHOS

	Energy/ Kilojoules (g) (per 100g)	Energy/ Calories (g) (per 100g)	Protein (g) (per 100g)	Carbohydrate (g) (100g)	of which sugars (g) (per 100g)	Fat (g) (per 100g)	of which saturates (g) (per 100g)	Salt equivalent (g) (per 100g)
Nachos Portion								
Doritos Salted Nachos Cheese and Jalapeno Peppers Regular	1792.4	428.3	5.3	42.2	2.8	25.3	3.8	2.6
Doritos Salted Nachos Salsa and Jalapeno Peppers Regular	1468.7	351.0	4.7	46.0	8.0	14.3	1.2	2.6
Doritos Salted Nachos Cheese and Salsa Regular	2029.5	485.0	6.2	52.5	10.3	25.6	3.8	4.1
Doritos Salted Nachos Cheese, Salsa and Jalapeno Peppers Regular	2033.9	486.0	6.2	52.7	10.3	25.6	3.8	4.4
Doritos Salted Nachos Cheese, Salsa and Jalapeno Peppers Large	3053.6	729.7	9.4	82.2	10.7	37.3	4.8	4.9
Doritos Salted Nachos Double Salsa and Jalapeno Peppers Large	2729.8	652.4	8.7	85.9	16.0	26.3	2.2	4.9
Doritos Salted Nachos Double Cheese and Jalapeno Peppers Large	3377.3	806.9	10.0	78.4	5.5	48.2	7.3	4.8
Doritos Chilli Heatwave Nachos Cheese and Jalapeno Peppers Regular	1823.6	436.1	4.4	43.3	5.1	26.7	6.3	3.1
Doritos Chilli Heatwave Nachos Salsa and Jalapeno Peppers Regular	1499.9	358.8	3.7	47.1	10.4	15.8	3.7	3.1
Doritos Chilli Heatwave Nachos Cheese and Salsa Regular	2060.7	492.8	5.2	53.6	12.6	27.0	6.3	4.6

NACHOS

Doritos Chilli Heatwave Nachos Cheese, Salsa and Jalapeno Peppers Regular	2065.1	493.8	5.2	53.8	12.6	27.0	6.3	4.9
Doritos Chilli Heatwave Nachos Cheese, Salsa and Jalapeno Peppers Large	3110.8	744.0	7.6	84.2	15.0	39.9	9.4	5.9
Doritos Chilli Heatwave Nachos Double Salsa and Jalapeno Peppers Large	2787.0	666.7	6.9	87.9	20.3	29.0	6.8	5.9
Doritos Chilli Heatwave Nachos Double Cheese and Jalapeno Peppers Large	3434.5	821.2	8.3	80.4	9.8	50.9	12.0	5.8

HOTDOGS

	Energy/ Kilojoules (g) (per 100g)	Energy/ Calories (g) (per 100g)	Protein (g) (per 100g)	Carbohydrate (g) (100g)	of which sugars (g) (per 100g)	Fat (g) (per 100g)	of which saturates (g) (per 100g)	Salt equivalent (g) (per 100g)
Hotdog Portion								
Yankee Dog Regular	2196.1	480.7	21.5	56.7	10.8	24.7	8.9	2.9
Harlem Hot One Regular	2350.1	518.7	21.2	53.1	7.8	30.8	9.4	2.8
West Side Sizzler Regular	2247.5	492.8	21.5	59.7	13.2	24.8	9.0	3.0
The Brooklyn Regular	2407.7	532.3	21.6	54.9	9.1	31.2	9.4	3.1
Nacho Libre Hotdog Regular	2189.9	479.2	21.3	54.1	7.4	25.9	7.8	2.9
Yankee Dog Large	2661.1	590.7	28.0	58.7	11.3	34.2	12.4	3.9
Harlem Hot One Large	2815.1	628.7	27.7	55.1	8.3	40.3	12.9	3.8
West Side Sizzler Large	2712.5	602.8	28.0	61.7	13.7	34.3	12.5	4.0
The Brooklyn Large	2872.7	642.3	28.1	56.9	9.6	40.7	12.9	4.0
Nacho Libre Large	2654.9	589.2	27.8	56.1	7.9	35.4	11.3	3.8

PRE-PACKED

	Energy/ Kilojoules (g) (per 100g)	Energy/ Calories (g) (per 100g)	Protein (g) (per 100g)	Carbohydrate (g) (100g)	of which sugars (g) (per 100g)	Fat (g) (per 100g)	of which saturates (g) (per 100g)	Salt equivalent (g) (per 100g)
Thomas Tucker Sweet N Salt	1886.0	450.0	7.1	60.9	20.6	17.3	1.3	1.2
Packed	1508.8	360.0	5.7	48.7	16.5	13.8	1.1	0.9
Thomas Tucker Classic Toffee Popcorn	1736.0	411.0	2.3	85.5	43.9	6.1	1.1	1.2
Packed	2951.2	698.7	3.8	145.3	74.6	10.4	1.8	2.0
Metcalfe's Skinny Sea Salt Popcorn Single	1962.0	471.0	6.6	48.5	0.4	24.4	20.0	264.0
Packed	392.4	94.2	1.3	9.7	0.1	4.9	4.0	52.8
Metcalfe's Skinny Sweet & Salt Popcorn Single	1920.0	459.0	6.4	59.2	19.6	19.2	1.5	1.3
Packed	480.0	114.8	1.6	14.8	4.9	4.8	0.4	0.3
Metcalfe's Skinny Popcorn Cinema Sweet Popcorn Single	1950.0	466.0	7.8	59.5	8.5	19.5	1.6	trace
Packed	390.0	93.2	1.6	11.9	1.7	3.9	0.3	trace

PRE-PACKED

	Energy/ Kilojoules (g) (per 100g)	Energy/ Calories (g) (per 100g)	Protein (g) (per 100g)	Carbohydrate (g) (100g)	of which sugars (g) (per 100g)	Fat (g) (per 100g)	of which saturates (g) (per 100g)	Salt equivalent (g) (per 100g)
Metcalf's Skinny Milk Chocolate Popcorn Thin	2019.0	481.0	6.3	68.9	30.5	19.5	11.5	0.2
Packed	686.5	163.5	2.1	23.4	10.4	6.6	3.9	0.1
Metcalf's Skinny Yoghurt Rice Cake	1961.0	469.0	8.9	64.5	29.9	18.6	11.5	0.3
Packed	980.5	234.5	4.5	32.3	15.0	9.3	5.8	0.1
Popworks Drizzle Dark & Milk Chocolate	2036.0	486.0	4.2	65.0	45.0	22.0	10.0	0.2
Packed	2137.8	510.3	4.4	68.3	47.3	23.1	10.5	0.2
Popworks Drizzle Milk Chocolate & Caramel	2049.0	489.0	4.8	67.0	47.0	22.0	9.3	0.3
Packed	2151.5	513.5	5.0	70.4	49.4	23.1	9.8	0.3
Popworks Glazed Strawberry Cheesecake	1836.0	436.0	2.8	79.0	46.0	11.0	1.0	0.2
Packed	2019.6	479.6	3.1	86.9	50.6	12.1	1.1	0.2
Popworks Glazed Sticky Toffee Apple	1825.0	434.0	2.8	76.0	45.0	12.0	1.0	0.3
Packed	2007.5	477.4	3.1	83.6	49.5	13.2	1.1	0.3
Joe & Seph's Salted Caramel Popcorn	2016.0	481.0	3.3	65.2	40.3	22.1	14.4	1.4
Packed	1612.8	384.8	2.6	52.2	32.2	17.7	11.5	1.1
Joe & Seph's Peanut Butter Popcorn	2253.0	539.0	7.8	58.1	31.5	30.6	12.5	0.6
Packed	1802.4	431.2	6.2	46.5	25.2	24.5	10.0	0.5
Joe & Seph's Toffee Apple & Cinnamon Popcorn	2052.0	490.0	3.3	67.8	40.5	22.8	15.4	0.8
Packed	1641.6	392.0	2.6	54.2	32.4	18.2	12.3	0.6
Joe & Seph's Caramel & Belgian Chocolate Popcorn	2128.0	509.0	4.3	59.9	39.7	27.0	16.8	0.9
Packed	1702.4	407.2	3.4	47.9	31.8	21.6	13.4	0.7
Joe & Seph's Mature Cheddar Cheese Popcorn	2681.0	647.0	14.7	26.1	0.2	53.7	10.0	1.3
Packed	2144.8	517.6	11.8	20.9	0.2	43.0	8.0	1.0
Candy Floss	1711.0	403.0	0.1	99.6	99.6	0.5	0.5	0.0
Packed	1711.0	403.0	0.1	99.6	99.6	0.5	0.5	0.0
Candy Floss (Dublin)	1005.0	240.0	0.0	100.0	100.0	0.0	0.0	0.0
Packed	703.5	168.0	0.0	70.0	70.0	0.0	0.0	0.0
Packed	251.3	60.0	0.0	25.0	25.0	0.0	0.0	0.0
Jacobs Crisp Sour Cream & Cheese	1971.0	470.0	5.7	66.4	6.8	19.6	5.0	1.8
Packed	2956.5	705.0	8.6	99.6	10.2	29.4	7.5	2.7

PRE-PACKED

	Energy/ Kilojoules (g) (per 100g)	Energy/ Calories (g) (per 100g)	Protein (g) (per 100g)	Carbohydrate (g) (100g)	of which sugars (g) (per 100g)	Fat (g) (per 100g)	of which saturates (g) (per 100g)	Salt equivalent (g) (per 100g)
Jacobs Crisp Sea Salt & Balsamic Vinegar	1971.0	470.0	5.2	67.0	7.5	19.3	4.8	1.8
Packed	2956.5	705.0	7.8	100.5	11.3	29.0	7.2	2.7
Monster Munch Pickled Onion	2061.0	492.0	6.0	60.0	3.0	25.0	2.1	1.6
Packed	824.4	196.8	2.4	24.0	1.2	10.0	0.8	0.6
Market Deli Anglesey Salt	1979.0	473.0	6.8	59.8	0.5	21.8	1.8	1.2
Packed	2968.5	709.5	10.2	89.7	0.8	32.7	2.7	1.8
Market Deli Chorizo & Onion	1959.0	468.0	7.0	60.2	2.7	21.0	1.7	1.2
Packed	2938.5	702.0	10.5	90.3	4.1	31.5	2.6	1.8
Market Deli Chorizo & Onion	1959.0	468.0	7.0	60.2	2.7	21.0	1.7	1.2
Packed	783.6	187.2	2.8	24.1	1.1	8.4	0.7	0.5
Market Deli Anglesey Salt	1979.0	473.0	6.8	59.8	0.5	21.8	1.8	1.2
Packed	791.6	189.2	2.7	23.9	0.2	8.7	0.7	0.5
Market Deli Mature Cheddar	1973.0	467.0	6.6	60.8	3.7	20.8	1.7	1.2
Packed	789.2	186.8	2.6	24.3	1.5	8.3	0.7	0.5
Market Deli Balsamic Vinegar	1956.0	467.0	6.6	60.8	3.7	20.8	1.7	1.2
Packed	782.4	186.8	2.6	24.3	1.5	8.3	0.7	0.5
Walkers Max Strong Hot Chicken Wings	2217.0	532.0	6.3	51.0	3.2	33.0	2.7	1.4
Packed	3325.5	798.0	9.5	76.5	4.8	49.5	4.1	2.0
Walkers Max Strong Jalapeño & Cheese	2215.0	531.0	6.5	51.0	2.6	33.0	2.8	1.3
Packed	3322.5	796.5	9.8	76.5	3.9	49.5	4.2	2.0
Walkers Cheese & Onion	2168.0	520.0	6.2	52.6	3.3	30.6	2.5	1.2
Packed	3794.0	910.0	10.9	92.1	5.8	53.6	4.4	2.2
Walkers Ready Salted	2194.0	526.0	6.1	51.5	0.4	31.9	2.6	1.4
Packed	3839.5	920.5	10.7	90.1	0.7	55.8	4.6	2.5
Sensations Thai Sweet Chilli	2105.0	504.0	5.0	59.1	3.6	26.2	2.1	1.6
Packed	3157.5	756.0	7.5	88.7	5.4	39.3	3.2	2.4
Sensations Thai Sweet Chilli Coated Peanuts	2390.0	574.0	14.2	38.7	7.4	39.8	5.2	2.1
Packed	3585.0	861.0	21.3	58.1	11.1	59.7	7.8	3.2
Sensations Honey & Salt Roasted Peanut	2348.0	561.0	19.0	31.0	25.0	40.0	5.8	1.4
Packed	3404.6	813.5	27.6	45.0	36.3	58.0	8.4	2.0

PRE-PACKED

	Energy/ Kilojoules (g) (per 100g)	Energy/ Calories (g) (per 100g)	Protein (g) (per 100g)	Carbohydrate (g) (100g)	of which sugars (g) (per 100g)	Fat (g) (per 100g)	of which saturates (g) (per 100g)	Salt equivalent (g) (per 100g)
Doritos Cool Original	2115.0	506.0	8.2	57.1	2.8	26.5	3.0	1.8
Packed	4230.0	1012.0	16.4	114.2	5.6	53.0	6.0	3.7
Doritos Tangy Cheese	2115.0	506.0	8.2	57.1	2.8	26.5	3.0	1.8
Packed	4230.0	1012.0	16.4	114.2	5.6	53.0	6.0	3.7
Doritos Sizzling Salsa	2054.0	492.0	6.2	55.9	3.5	25.5	1.7	1.7
Packed	4108.0	984.0	12.4	111.8	7.0	51.0	3.4	3.4

GUIDELINE DAILY AMOUNT VALUES

Typical values	Women	Men	Children (5-10 years)
Calories	2,000 kcal	2,500 kcal	1,800 kcal
Protein	45 g	55 g	24 g
Carbohydrate	230 g	300g	220 g
Sugars	90 g	120 g	85 g
Fat	70 g	95 g	70 g
Saturates	20 g	30 g	20 g
Fibre	24 g	24 g	15 g
Salt	6 g	6 g	4 g